

NBQA Signature Mug Mats

To make one mug mat you will need:

- 2 – 2" x 5" rectangles of a print or solid cotton fabric
- 1 – 2" x 5" rectangle of muslin or a light cotton fabric
- 1 – 5" square of batting
- 1 – 5" square of backing fabric

OR if you want to use a "Pillow Back" finishing style you will need:

- 1 - 5" x 6" rectangle, folded and pressed wrong side together to form a 5" x 3" rectangle,
- 1 – 5" x 7" rectangle folded and pressed wrong side together to form a 5" x 3 ½ " rectangle.

Directions:

Sew the three rectangles together, long sides together, with the muslin or light cotton fabric in the middle. Press seams toward colored fabric. This pieced fabric is the top. With a permanent nonacid marker, write "**NBQA Quilt Show 2008**" along the center strip. Layer the pieces by placing the backing fabric right side down, the batting on top of the backing, and then the top on the batting right side up. Sew around the edges with a ¼ inch seam, leaving an opening to turn. Trim corners, turn, and whip stitch the opening.

Pillow Back Finishing: Layer the pieces by placing the top right side down, the batting on top of this, and then the two folded rectangles on top of the batting, with the wider rectangle first and then the other rectangle, matching raw edges. Sew around the edges with a ¼ " seam allowance. Trim corners, then turn.

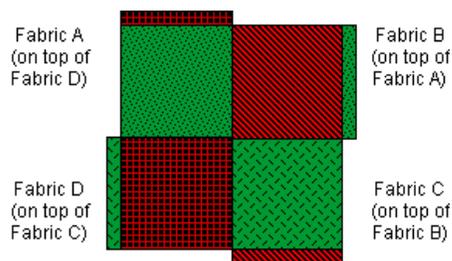
Standard Mug Mats

Cut 5 - 5" squares from fabrics of your choice.

Fold 4 of the squares in half right side out, and press the fold.

Place the remaining fabric square, right side up, on a 5" square of cotton batting and then:

1. Lay one of the folded squares (A) on top of the unfolded square matching raw edges along the top.
2. Lay a second of the folded squares (B) (contrasting if only using 2 different fabrics for these folded rectangles) overlapping the fabric from the first square, and matching raw edges along the right edge.
3. Lay a third of the folded squares (C) (same as the first if only using 2 fabrics) overlapping the fabric from the second square and matching raw edges along the bottom edge.
4. Lay the last of the folded squares (D) (same as the second if you are only using 2 fabrics). Lift the first folded square so that the first fabric is overlapping and only one half of the folded square shows, match raw edges along the left edge. It should look like a four patch:

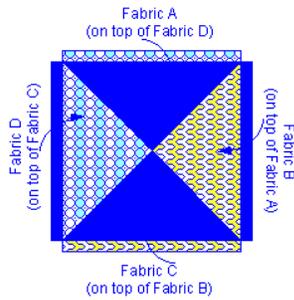


The extension of the fabric is shown for perspective on the way the fabrics are laid out. Do not extend your fabrics.

5. Sew a 1/4" seam along all outer edges. Clip the corners. Through the hole in the middle (this will become very clear when you have a stitched mug mat in front of you) turn the mug mat inside out. Using a point turner (or, alternatively, the point of a pair of scissors), push out the corners.

A Variation

An alternative for the layout of these coasters is to use all of the same measurements shown above, but fold the fabrics in half along the diagonal and layer them the same way except you are matching raw edges on two sides. The finished square will look like a quarter square triangle:



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6. Quilt the mug mats.

These directions were adapted from an article by Penny Pennington at eQuilters.com.